

# ANNUAL REPORT 2013

All for a  
healthy  
community



**HEAL + AFRICA**

# TABLE OF CONTENTS

## Introduction

- \*Word from the President
- \*What is HEAL Africa
- \* Abbreviations

### **1- Hospital. p1.**

- Clinical Health Care
- Outreach
- Response to Crisis
- Training and Specialization
- Statistics
- Equipment acquired by the hospital

### **2- Wamama. p6.**

- Reproductive Health
- Sexual and Gender Based Violence
- Fistula Repair
- Formation & Normalisation of Women
- Solidarity Groups & Support group

### **3- Watoto. p14**

- Training
- The VIH Sector
- Ponsetti/Splints
- The Sunday School
- The Goma Student Fund School

### **4- Wababa & NC. p19**

- Men and Masculinity
- The Nehemiah Committee (NC)
- Clinical Pastoral Training (CPT)

### **5- Main Events of 2013. p20.**

- Armed conflicts and their conséquences
- Main visits & Publications on HA
- Published Feature Articles on HEAL Africa
- The Lyn Lusi avenue

### **6- Partners of 2013. p22.**

- In VIH
- In SGBV
- In Reproductive HEALTH
- In economic Empowerment and community Rehabilitation

### **7- Our Priorities. p23.**

- Urgent
- In Short-Term
- Mid-Term
- Long-Term

## WORD FROM THE PRESIDENT OF THE BOARD, DR. JO LUSI

I believe we are gathered here in the name of God and by His will and by His grace. He and He alone is the Power, Wealth, Wisdom, Honor, Victory, Praise and Glory forever, because of his great love for us. We were weak, God has made us strong; we had limitations, God kept us in his hands; we had doubts, God has given us hope; we sinned, God has forgiven us; we have experienced war, God has given peace to us every day and we were sick, and God has healed us. At the outset, may I say thank you for all the prayers you offered for my healing.



The days we have left to live are given to us by God. And if God allows us to come among you dear brother, it is because of one mission of guiding you under his control and to allow the young people to take over the direction of HEAL Africa institution that, me and my late wife Lyn Lusi have desired to associate with you.

Today, HEAL Africa is a reality. Each of you has understood our vision and has agreed to make your contribution a reality. Each one is valued at HEAL Africa. In this, our God will be glorified forever! I have always believed in the hand and power of God to HEAL Africa. The vision God gave me, made me realize that we are all necessary and valued members at a time.

Each person is a special individual - created a unique way, and as desired by God, endowed with specific qualities and abilities that nobody else can have. Thus when death comes to us, a page of our life is definitely closed on earth. It is impossible for men to recreate an exact copy of a person who has passed away. And the person, who replaces another at work, also brings his own strengths and his own distinct capabilities to those of the person who has left. This is the mystery and greatness of God. We are only pilgrims. In this, no one is irreplaceable.

During my absence in 2013, the Deputy Legal Representative capably replaced me. He organized the work and served with courage, dedication and skill the heavy burden of responsibility for the Legal Representative. I congratulate him on this. Do they not say in administrative language that men go, but institutions remain? So we all will one day, but we pray that HEAL Africa will be blessed and remain as long as possible and that capable men will continue to rise to the fore to serve here for many generations.

I want HEAL Africa to continue to go ahead. I believe this is the will of God. But to achieve this, God asked me to remind the Deputy Legal Representative, all the staff at HEAL Africa and members of the General Assembly driving HEAL Africa to follow through these precepts which the Lord has given to JOSHUE (Joshua 1 : 7-9) .

From these words, I now understand that HEAL Africa is a "Project – Mission" of GOD. We no longer have to worry about the future because with GOD, HEAL Africa remains the base and the Cornerstone of our institution. Since it is God who built our house, we are assured of its strength. May our

"holistic" mission go everywhere throughout the nations of the world to teach our holistic medicine.

With the work you do every day for vulnerable people and women victims of sexual violence and through your advocacy, I had the opportunity to present the vision of HEAL Africa to the leaders of the world. To this end, I met with the Secretary General of the UN, Ban Ki Moon, the Chairman of the World Bank Dr. JIM YONG KIM, members of governments of major countries like the United States, the United Kingdom, Australia, Canada , France, to name a few. In addition, the priorities on page 23 of this report were identified.

Peace is becoming a reality in the eastern part of DR Congo. During the troubled times of war, HEAL Africa intervened to assist victims of war. This action was possible because we all believe in the mission that God has given us. We give priority to the presence of God in our organization and understand with Him (God) everything is possible.

In conclusion, it is my pleasant duty to say thank you, especially to those members of the General Assembly who came from afar to make this time together memorable; to you, HEAL Africa Agents who are giving your best every day for HEAL Africa. You'll never know how grateful I am for your dedication. I remain fully committed to receive your advice and continued support.

We discovered that the great secret of success is prayer that we do every day at noon (12 o'clock to 1 o'clock) in the upper chamber of the tabernacle. We live the ideology, vision, doctrine and the leadership of our young King who is Jesus Christ of Nazareth.

*Dr. KASEREKA MUHINDO JO LUSI.  
President of HEAL Africa.*

## INTRODUCTION

**HEAL Africa is a Christian non-profit organization of Congolese law, based in Goma, North Kivu, Eastern DRC, working to improve health care in Africa by training doctors, health workers and activists in all areas : physical, spiritual and community healing.**

HEAL Africa has its Civil Personality granted under the name DOCS HEAL Africa, by the Ministerial Decree No. 935/CAB/MIN/J/2005 of December 30<sup>th</sup>, 2005. HEAL Africa is represented in the U.S. by HEAL Africa US, in Canada under the name of HEAL Canada, and in Australia, as the AusHEAL.

HEAL Africa, focuses its interventions through three main sectors, which are: the Wamama sector, Watoto sector and the Nehemiah Committee, men and churches sector. HEAL Africa works with all faiths who share its vision of holistic healing through one of its sector, namely the Nehemiah Committee, Churches and Men Sector.

HEAL Africa adapts its strategy of intervention to national standards strategies in the field of primary health care, fight against sexual violence, education and access to justice, promoted by the government of the Democratic Republic of Congo, through its Ministry of Health. Therefore, HEAL Africa operates in the Democratic Republic of Congo in respect of the policy documents of the country to comply with the Paris Declaration on Aid Effectiveness to Development of March 2<sup>nd</sup>, 2005.

This report summarizes the activities carried out by HEAL Africa throughout the year 2013, the year that was marked by recurrent wars, in the Eastern part of the country, the conflict torn area between the DRC army (FARDC) and the rebel of M23 movement around Goma town and in several villages (rural area) where HEAL Africa operates.

## ABBREVIATIONS

<b>#</b>	: Number
<b>CBR</b>	: Community Based Rehabilitation
<b>Curatives Cons.</b>	: Curatives Consultations
<b>CFO</b>	: Chief Finance Officer
<b>CPS</b>	: Preschool Consultation
<b>COO</b>	: Chief Operation Officer
<b>Dr.</b>	: Doctor
<b>FARDC</b>	: Forces Armées de la République Démocratique du Congo (DRC armed forces)
<b>FP</b>	: Family Planning
<b>GSF</b>	: Goma Student Fund
<b>HA</b>	: HEAL Africa
<b>HIV</b>	: Human Immunodeficiency Virus
<b>IDP</b>	: Internally Displaced People
<b>MGD</b>	: Millennium Development Goal
<b>NC</b>	: Nehemiah Committee
<b>NGO</b>	: Non-Government organization
<b>OO</b>	: Orthopedic Officers
<b>PAM</b>	: Programme Alimentaire Mondial (World Food Program)
<b>PCR</b>	: Polymerase Chain Reaction
<b>PEP</b>	: Prophylaxie Post Exposition
<b>PMTCT</b>	: Prevention of Mother To Child Transmission (of HIV Aids)
<b>PNC</b>	: Prenatal Consultations
<b>PoNC</b>	: Post Natal Consultations
<b>PSC</b>	: Pre-school Consultations
<b>PWD</b>	: People with Disabilities
<b>RDC</b>	: Democratic Republic of the Congo
<b>SGBV</b>	: Sexual and Gender Based Violence
<b>SM</b>	: Safe Motherhood
<b>TBA</b>	: Traditional Birth Assistants
<b>VSV</b>	: Victim of Sexual Violence
<b>Y</b>	: Year/Année

# I. HOSPITAL

"... We thank God for the lives of all those who contributed to the relief and rehabilitation of these patients."

*Evelyn Stokes Hayford,  
Ambassador of the United Kingdom visited HEAL Africa,  
September 2013*

## I.1. Clinical Health Care



At HEAL Africa, we are concerned about the health as well as opinions of our patients. Data collected in 2013 from a representative sample shows that among those who came for treatment:

**94%** indicated that they were well informed about their health problem and treatment plan.

**92%** received treatment they hoped to receive.

**67%** were satisfied with the service they received because of:

- the availability of specialists (20%)
- the quality of medicine they received (58%)
- the quality of infrastructure (15%)

A total of 36 024 people were consulted by HEAL Africa in 2013, 46% of which were patients who came to HEAL Africa Hospital for the very first time. The total level of attendance at the Hospital has risen each year since 2010.

	Curatives Cons.	PNC	CPS	FP	Total
<b>New Patients</b>	11,668	1,409	1,161	2,345	16,583
<b>Old Patients</b>	10,803	2,456	4,896	1,286	19,441
<b>Patients consulted in 2013</b>	<b>22,471</b>	<b>3,865</b>	<b>6,057</b>	<b>3,631</b>	<b>36,024</b>
<b>Patients consulted in 2012</b>	<b>20,848</b>	<b>3,608</b>	<b>5,529</b>	<b>4,358</b>	<b>34,343</b>
<b>Patients consulted in 2011</b>	<b>20,831</b>	<b>2,767</b>			
<b>Patients consulted in 2010</b>	<b>16,946</b>				

## I.2. Outreach

The concept of "outreach" (or "mobile clinics") has changed somewhat with the introduction of a community-based rehabilitation program for people with disabilities and rapid assistance to health facilities in post-conflict areas. Three times this year, the Referral Hospital (Rwanguba) received medical assistance from HEAL Africa after a post conflict crisis.



With a misplaced plaster and no way to go to a specialized health center, it would have been impossible for 12 years old Patrick to recover from a leg fracture that he suffered from a gunshot in a confrontation between the FARDC and the M23 in the area surrounding Rwanguba. Fortunately HEAL Africa was able to organize right after the defeat of M23, a rapid assessment mission and the nurse (a former HEAL Africa student orthopedic officer) who was part of the team, helped correct and re-plaster the injury.

Indicators	Y - 2012	Y - 2013
Number of outreach missions	9	7
Orthopedic patients treated	255	218
Gynaecology patients treated	467	276
General surgery patients	-	294
<b>Total</b>	<b>722</b>	<b>788</b>

**A total of 7 mobiles clinics brought aid to 788 people: 218 orthopedic cases, 276 cases requiring gynaecological surgery and 294 cases of general surgery.**

HEAL Africa also launched this year, a community Based Rehabilitation program for people living with disabilities in Goma, Rubaya, Rutshuru and Kayna. This program is being facilitated through 78 activists; most of them are themselves living with disabilities. HEAL Africa staff examined 1044 people with disabilities. Among them 152 (14%) were able to improve their level of independence through clinical interventions with 316 being referred to HEAL Africa Hospital for specialized health care.

The Goma outreach also assisted 163 internally displaced people (IDPs) with eye problems, referring them to HEAL Africa Hospital for ophthalmology specialized health care.

Indicators.	Planned	Realized	%
Number of People with disabilities assessed	10,000	10,860	108.6
Number of People reviewed for child protection needs	1,500	1,493	99.53
Number of People with disabilities (PWD) identified	1,500	1,044	69.53
Number of PWD referred to HEAL Africa Hospital for specialized health care	1,000	316	31.6
Number of PWD who received home visits	1,000	454	45.4
Number of PWD who improved their level of independence	500	152	30.4

### I.3. Response to Crisis

HEAL Africa was particularly useful to assist victims of gunshot and artillery shellings during the time the FARDC were fighting the M23 rebels in Goma and its surrounds.



*Guilaine, 20 years old, is one of the victims of bombardment of the M23 on Goma during the night of the 28th August 2013. She was immediately taken to HEAL Africa Hospital, leaving behind 2 sisters and 1 brother dead from the shelling. Guilaine's right leg was fractured. She recovered from the trauma after a surgical operation on her leg.*

**Heal Africa is a Tertiary Referral Hospital and a reference point for the victims of gunshot and shelling with 123 victims treated in 2013.** This brings a total of 227 victims of the M23-FARDC fighting who were treated at HEAL Africa Hospital since commencement. This total included 26 members of the military and 201 civilians. Four (4) patients did not survive their wounds.

**HEAL Africa initiated four humanitarian assistance projects in Mugunga refugee camps.**



HEAL Africa's particular role in the camps was oriented towards the most vulnerable in the camps, (i.e. the people living with disabilities and those living with HIV/AIDS). HEAL Africa went beyond its immediate response role to address basic needs and advocacy in order to mobilize the government and UN to consider the needs of the most vulnerable among the refugees.

HEAL Africa's assistance in IDPs camps included assistance to 1688 people with disabilities, 88 Victims of sexual violence and 421 people living with HIV/AIDS.

## I.4. Training and Specialization



The Training and Specialization program assisted all categories of employees at HEAL Africa – Administration, Technicians, Nurses and Doctors. Several scholarships were awarded for full time study through donations from HEAL Africa’s international partners. In addition, HEAL Africa clinical staff benefited from the ongoing training and mentorship from Australian doctors.

The Medical specialization program for 2013 included six (6) scholarships:

No	Student	Country	Domain	Funder
1	Dr Cathy FURAHA	Benin	Obstetrics & Gynaecology	HA Canada
2	Dr Muller MUNDENGA,	Tanzania	Emergency Medicine	AusHEAL
3	Dr Marlene MAPENZI	Senegal,	Paediatrics	Global Strategies,
4	Dr LWANGO Votéz	RDC	Paediatrics	HEAL Africa Goma
5	Dr Claude LOLALE,	RDC	Public Health	HEAL USA,
6	Dr Bienvenu KAMANGA	RDC	Public Health	HA USA, AusHEAL

In addition, one medical radiology trainee and two radiographers were also approved for specialization in their work domain. Radiographer Constant MASISA has undergone training in CT scanner services, a service expected to be available in HEAL Africa Hospital in 2014 through an Australian donation. Two (2) Laboratory Technicians, Paul and George were approved to attend King Faisal Hospital in Kigali to learn more about techniques and laboratory maintenance in Pathology.

Indicator	Y 2012	Y 2013
# Resident Doctors available	11	14
# Specialist Doctors available	9	11
# Doctors in Specialization Training	8	8
# Doctors approved for specialization	2	6

## I.5. Statistics

The attendance levels for HEAL Africa Hospital services has almost doubled in 4 years. During 2013, the Hospital admitted 6,506 patients.

Specialist Service	Y - 2010	Y - 2011	Y - 2012	Y - 2013
Internal Medicine	424	1,029	1,562	1,520
Paediatrics	525	533	493	648
Obstetrics & Gyn	1,419	1,775	1,960	2,534
General Surgery and Orthopaedics	940	1,404	1,311	1,285
Intensive care	409	577	539	519
<b>Total</b>	<b>3,717</b>	<b>5,318</b>	<b>5,865</b>	<b>6,506</b>

	2011	2012	2013
Hospital mortality	1.85%	1.19%	1.30%
Average hospitalization (days)	9.3	7.5	8.2
Total number of surgeries conducted			2,985
Number of specialized surgeries			1,119
Total Hip Replacement (THR)	3	3	9
Hydrocephaly	13	19	25
Obstetric Deliveries	1,363	1,476	1,698
Maternal deaths	0	2	1
Gynae . Fistula repairs	138	237	363
Victims of sexual violence registered and treated at HEAL Africa Hospital	453	565	314
Number of Beds available	155	155	155

## I.6. Equipment acquired by the hospital

HEAL Africa registered 4 important acquisitions during this year:

1. Stabilisation of current Laboratory (Pathology) services in Haematology, Biochemistry and Microbiology and initiation of a project to commence Histopathology services during 2014 through the support of Sonic Healthcare Australia.
2. One complete endoscopy set for hydrocephal treatment was received from CURE International USA.
3. Initial plans were commenced for the shipping of a CT scanner and establishment of this new service in 2014, through the efforts of Australian Radiologist Dr. Murray Thorn, Queensland X-ray and Sonic Healthcare Australia.
4. Many Containers with equipment, medicine and supplies from CBM Canada, CBM Ireland and Sonic Healthcare Australia.

## II. WAMAMA

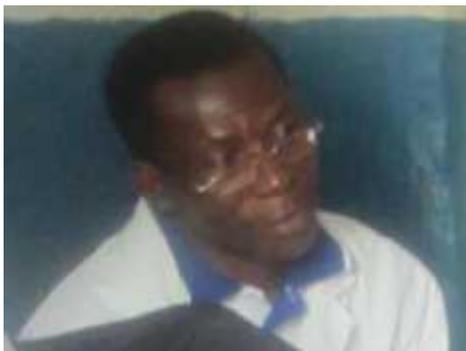
**« HEAL Africa is a model grant recipient; they have been able to achieve lasting change and make significant improvements in the communities in which they work... »**

Harper McCornel, ECI Program Director  
In her recommendation letter to One Africa award

### II.1. Reproductive Health

The report « *The situation of mothers in the world* »<sup>1</sup> published in April 2013 by Save the Children Fund evaluates the well-being of mothers and underlines that **the Democratic Republic of the Congo (DRC) is the country where it is the hardest to be a mother in the world**. According to this report, 17 children on 1000 die from the day of birth. The same report says that for women and girls of the Democratic Republic of Congo, the risk of dying from pregnancy-related causes - including delivery - is 1 in 30, while in Finland it is estimated that it's 1 in 12 200.

During 2013, HEAL Africa implemented 4 Community Based Reproductive Health projects: 2 in South Kivu, 1 North Kivu and 1 in Maniema. These projects were mainly focused on capacity building in supporting of health areas and health zones, and community mobilization for increased use of services of Reproductive Health.



«It was through HEAL Africa's facilitative supervisions that I understood why some obstetrical emergencies should be immediately referred to hospitals for adequate health care. For a very long time I kept the memory of us watching a child die without understanding why they died.»

**Mr. Primo Claude BIRHAGULA, Head Nurse in Bushonga/Idjwi health area.**

This training was the main component of activities related to improving reproductive health care in rural areas. Besides that health centers also received essential equipment and medicine for reproductive health.

---

<sup>1</sup> Save the Children, *Situation des mères dans le monde*, Avril 2013

## DURING 2013:

- **32,082** women received improved reproductive health care services. (14,812 in North Kivu, 9778 in South Kivu and 7492 in Maniema).
- **99 Doctors and 284 nurses** received training on obstetric emergency management.

Lieu	North Kivu	South Kivu	Maniema	
ZS	Alimbongo, Lubero, Mutwanga	ZS d'Idjwi	Kampene, Pangi	
Project	Les Femmes en Avant	Safe motherhood	A mother for e	
<b>TRAINING HEALTH CARE WORKERS</b>				<b>TOT</b>
Doctors	63	0	36	99
Nurses	144	20	120	284
<b>SUPPORT EQUIPMENT AND MEDICINE</b>				<b>TOT</b>
Structures appuyés en intrants	30	18	28	76
Structures appuyé en tables d'accouchement	8	0	11	19
Structures appuyés en kits d'accouchement	14	0	22	36

The Capacity Building to support health structures was coupled with the mobilization of traditional birth assistants and the creation of supportive maternity insurance groups. 'Solidarity of Maternity' insurance groups of between 10 to 25 members make monthly contributions with the aim of contributing up to 50% of the delivery costs of members. Thanks to the interaction of members, the solidarity groups help the members to overcome cultural barriers that may impact access to delivery services.



«MMR Children», as they are called by the beneficiaries of maternity insurance groups at Idjwi. 1,442 women benefited from the subsidy from their maternity insurance groups.

TBA's have guided many pregnant women to health centers. This involvement led to greater attendance at these medical facilities. Of 35,897 deliveries expected in health areas covered by the HEAL Africa program, 4,111 were referred to health centers by traditional birth attendants mobilized by HEAL Africa.

Lieu	Nord Kivu			South Kivu			Maniema		
Health Zone	Alimbongo, Lubero, Mutwanga			Idjwi Nord			<i>See under the table</i>		
Project	Les Femmes en Avant			Safe Motherhood			Maternité à Moindre risque		
	Fin-12	Fin-13	Ecart	Fin 12	Fin-12	Ecart	Initial	Actuel	Ecart
PNC 1	81%	87%	+6%	81%	86%	+5%	84%	86%	+2%
PNC 4	46%	50%	+6%				46%	50%	+4%
PNC/TBA	2%	7%	+5%	9%	14%	+5%	2%	7%	5%
Assisted births	69%	78%	+9%	58%	69%	+11%	84%	78%	-9%
Accouchement/ partogramme	66%	77%	+11%	62%	97%	+34%	76%	99%	+23%
Assisted births referred by TBA's	5%	27%	+22%	2%	4%	3%	0%	10%	10%
PNC 2	%	32%	0%	51%	60%	9%	31%	32%	+1%
New Cases of FP	5%	5%	0%	19,3%	21,6%	+3,5%	2%	5%	+3%

\* In Maniema HEAL Africa is ruling a reproduction health project in Kindu, Kailo, Kalima, Lubutu, Obokote, Punia, Pangi and Kampene health zones.

Contribution to MDG 6, with improving the number and quality of deliveries in these areas, supported health intake to HEAL Africa as see through referrals from TBAs in North Kivu and South Kivu.

## II.2. Sexual and Gender Based Violence (SGBV)

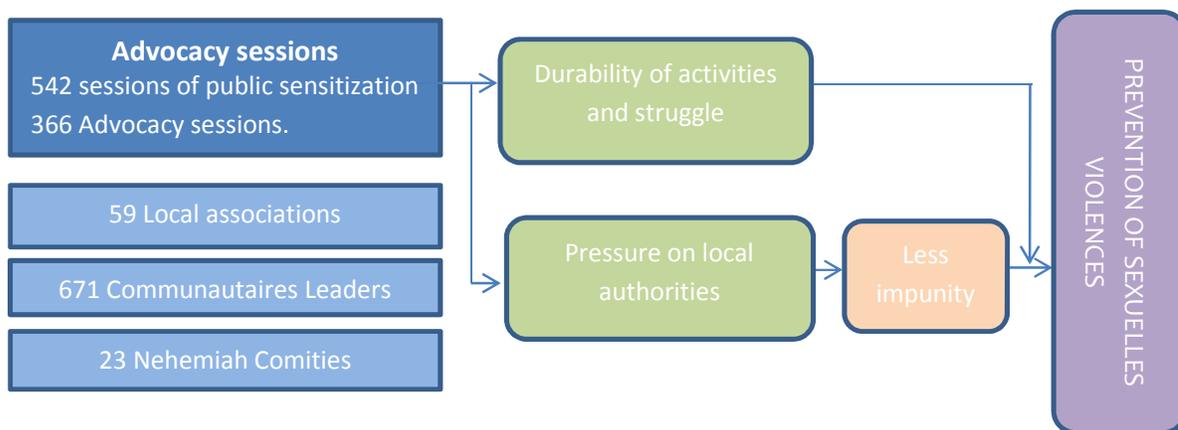
HEAL Africa has a reputation in assisting sexual assault survivors in eastern DRC over many years. In 2013, HEAL Africa carried out 9 projects with a goal of prevention and assistance to Victims of Sexual and Gender Based Violence.



Banning practices contrary to law and morality in the Community was the main purpose of a gathering of Local leaders of Punia and Lubutu in a symposium, October 2013 at Punia

In his closing speech, the Deputy President of the Provincial Assembly of Maniema, Hon. PEPE KISANGA applauds the resolutions of the workshop stressing the necessity to protect the women in DRC: « **Each village leader has an obligation to report cases of sexual violence in the entity.** »

### HEAL Africa Action Plan 2013:



SGBV projects advocate for the responsibilities of the community leaders and administration authorities to understand the relevance and extent of the problem in order that they may involve themselves in the development of strategies that prevent sexual assaults and provide victim support.

Indicator	Y 2012	Y 2013
<b>Number des people sensitized</b>	337,290	<b>449,386</b>
<b>Number of radiobroadcast</b>	298	<b>542</b>
<b>Number of advocacy sessions</b>	351	<b>366</b>
<b>Number of community leaders mobilized in advocacy sessions</b>	1,993	<b>1,976</b>
<b>Local associations supported</b>		<b>59</b>
<b>Communautaires Leaders trained</b>		<b>671</b>
<b>Number of Nehemiah Comities supported</b>		<b>23</b>
<b>Recreational activities conducted for sensitizing</b>		<b>186</b>



*Mme REHEMA, HEAL Africa Counsellor with a client.*

**7897 victims of sexual assaults were assisted, accompanied and guided by HEAL Africa's teams during 2013.**

Among them, 5973 (76%) were incident cases. 4081 (52%), (40% in 2012) of these cases have been reported within 72 hours which permitted Post Exposition Prophylaxis to be administered to 4023 persons (99% of cases reported on time).

Indicator	Y 2012		Y 2013	
	Number	%	Number	%
<b>Number of Survivors of sexual violence identified and accompanied</b>	9859		<b>7897</b>	
<b>Incident Cases</b>	<b>6501</b>	66%	<b>5973</b>	76%
<b>Number of Victims Sexual violence who received medical health care</b>	7721	78%	<b>7141</b>	90%
<b>Number of VSV treated within 72h after the incident</b>	3907	40%	<b>4081</b>	52%
<b>Number of VSV treated with Post Exposition Prophylaxie (PEP)</b>	3907	100%	<b>4023</b>	99%
<b>Number of VSV referred to Law clinics</b>	1028	10%	<b>1340</b>	17%
<b>Number of judgments pronounced</b>	43	4%	<b>55</b>	4%
<b>Number of family mediations</b>	842	9%	<b>469</b>	6%
<b>Number of successful family mediations</b>	821	98%	<b>433</b>	92%
<b>Number of health care worker trained on the health care protocol for SVS</b>	157		<b>237</b>	
<b>Number of health structures supported with essentials medicines and materials</b>	88		<b>104</b>	
<b>Number of Counselors trained</b>			<b>149</b>	

### Sexual and Gender Based Violence cases by provinces for 2013

Indicateur	Maniema		Nord Kivu		Total	
<b>Number of Survivors of sexual violence identified and accompanied</b>	2117		5780		<b>7897</b>	
<b>Incident Cases</b>	1785		4188		<b>5973</b>	
<b>Number of VSV who received medical health care</b>	1309		5832		<b>7141</b>	
<b>Number of VSV treated within 72h after the incident</b>	182		3899		<b>4081</b>	
<b>Number of VSV treated with Post Exposition Prophylaxis (PEP)</b>	155		3868		<b>4023</b>	
<b>Number of VSV referred to Law clinics</b>	402		938		<b>1340</b>	
<b>Number of judgments pronounced</b>	27		28		<b>55</b>	
<b>Number of family mediations</b>	81		388		<b>469</b>	
<b>Number of successful family mediations</b>	81		352		<b>433</b>	
<b>Number of health care worker trained on the health care protocol for SVS</b>	86		151		<b>237</b>	
<b>Number of health structures supported with essentials medicines and materials</b>	43		61		<b>104</b>	
<b>Number of Counselors trained</b>	20		129		<b>149</b>	
<b>Made by Civilian</b>	<b>1938</b>	<b>92%</b>	<b>2773</b>	<b>48%</b>	<b>4711</b>	<b>60%</b>
<b>Made by gunmen</b>	<b>179</b>	<b>8%</b>	<b>3007</b>	<b>52%</b>	<b>3186</b>	<b>40%</b>

Sexual and Gender Based Violence are much more committed by civilian in Maniema province (92% of identified cases); and are committed to 52% by Gunmen in the North Kivu province of the Democratic Republic of the Congo.

### II.3. Fistula Repair

In 2013, HEAL Africa treated a total of 363 patients with a fistula.

Place	2006	2007	2008	2009	2010	2011	2012	2013	Total
Goma	206	226	286	223	156	138	237	87	1559
Outreach	27	235	42	118	65	158	158	276	1079
Total	233	290	328	223	211	296	395	363	2638

Within available means, HEAL Africa cares for over 300 fistula patients each year. The origins of the disease are obstetric (91.4%), neoplastic (0.5%), surgical (5.4%) and traumatic, including rape (2.7%)

### II.4. Formation & Normalization of Women



Four women from Sake learning to read.

In order to contribute to a women's autonomy, HEAL Africa organized education/reading sessions, life skill and income generating activities.

Indicator	SM	HIV	CBR	SGBV	Total 2013	In 2012
Number of people educated	290		71	625	986	736
Number of people trained in life skills	93		571	204	868	980
Number of people trained in income generating activity	247		0	486	733	662

### II.5. Solidarity Groups and Support Groups

More than the half of projects implemented by HEAL Africa during this year contributed to the empowerment of women program.



### Training sessions in sewing at Sake and Kibirizi:

“We often see people who successfully complete the training prefer to go onto implement their own sewing workshop once they have left the WAMAMA SIMAMENI”

This year, people living with disabilities were integrated into solidary groups that included mobilization for growing solidary groups. In relation to the goal of contributing to the empowerment of the vulnerable HEAL Africa facilitated formation of solidarity groups as well as support groups.

### **Some numbers for 2013:**

**729** Solidary groups in operation

**16,830** Beneficiaries of the socioeconomic reinsertion activities among whom:

**1,183** the number of people were living with disability was 7%.

**13** support groups were acting as advocates on behalf of people living with disability along with the school, administrative authorities and families.

Indicateur	SM	HIV	CBR	SGBV	Total	En 2012
Number of Solidarity groups initiated	271	15	89	254	729	376
Number of Members	9,136	157	1,164	6,373	16,830	9,652
Number of men actively involved	1,482	-	597	-	2,079	849
Maternity insurance : Number of beneficiaries	1,030	-	-	-	1,030	1,412
Number des PVH membres du Groupe Solidaire	136	3	1044	-	1,183	-
Number of mothers of children with disabilities	376	0	-	-	376	-
Grandmothers of HIV orphans assisted	-	150	-	-	150	
Orphans assisted	-	150	-	-	150	394
Solidarity groups that received funding	122	15	12	457	606	343
New Solidarity groups created	316	10	12	-	338	-
New Solidarity groups funded by reimbursement	167	0		-	167	-
Micro project funding	-	-	1	32	33	0
Food for Work	-	1,092	0	368	1,460	-

\* SM means Safe Motherhood or Reproductive Health Care.

The **“ONE VILLAGE AT A TIME”** program was tested for a second time in Katako village, 7 kilometers from Kindu, Maniema province. The project reinforced sensitizations with local associations and tested out ideas from the new socioeconomic reinsertion approach: The solidary groups received agricultural credits, in proportion to their level of savings. The remaining amount was given to the Nehemiah Committee (NC) to initiate their Income Generating activity. Thus the newly initiated NC was able to launch a fish farming project.



La technique de semis en ligne est pratiquée dans les champs à Katako

### III. WATOTO



"The socio-economic situation in the DRC has deprived many Congolese children of their childhood"  
Mme Lyn LUSI, Co-founder of HEAL Africa

#### III.1. Training

HEAL Africa has established a 3-year training program in orthopedics (Orthopaedic Officer School) to contribute to early treatment of children born with malformations in the villages and cities of DRC. This program graduated 12 nurses in 2013, 10 in 2011 and 8 in 2010. A total of 28 nurses have graduated in this program since its establishment.



Finalists of the 3 past years of the Orthopaedic Officers School after graduation at the "Institut Supérieur des Techniques Médicales", (ISTM) of Goma.

## III.2. The HIV Secteur

In its HIV program HEAL Africa focuses on 3 categories of children:

- Those born of HIV positive mothers,
- Those who are HIV Positive
- HIV Orphans.

Six (6) projects carried out by HEAL Africa had a focus on the prevention, support and reduce the impact of HIV in the life of children born from infected mothers.



*Being a Mother to a HIV infected child, Mrs Fatu had lost all hope of bearing a safe child". But since the beginning of her second pregnancy, she quickly went at HEAL Africa for a prenatal consultation. She had just heard about the PMTCT program. She was supported in care, including counseling. When born, her child received a support with artificial milk until the age he was 18 months old. « It was for me», she said « A great joy and consolation when I knew my child was HIV Negative at 18 moths »*

### HIV PREVENTION Information:

**4** Health Zones benefited of sensitization on HIV for pregnant women  
**33,822** pregnant women (22,387 in 2012) took part in the sensitization sessions.

**17%** (12% in 2012) of male partners who came with their wives for Aid's screening during prenatal consultations

**118** Youth Clubs initiated and active in sensitization in churches;

**3** Health zones impacted by the counseling for voluntary Aids Screening;

**3.2%**, (i.e. **-0.1%** compared to 2012) of rate of VIH positive among women

**3.3%**, (i.e. **+0.8%** compared to 2012) of rate of VIH positive among men.

**178,716** people impacted by mass sensitization.



No	Indicator	Y 2012		Y 2013	
		Number	%	Number	%
1	Number of Pregnant women counselled during PNC	22,387		33,822	
2	Number of counselled pregnant women who accepted to be tested	22,218		32,638	96%
3	Number of parents or guardians of HIV+ positive Children who received counselling			1,633	
4	Number of Pregnant women who were tested	18,731	84%	31,855	94%
5	Number of HIV pregnant women who were tested HIV+	220	1.2%	321	1.0%
6	<b>Number of Children born of HIV positive mothers</b>	40		249	
8	Number of Male partners who accepted to be tested.	3,107	17%	3,942	12%
9	Number of Male partners of pregnant women who were tested HIV +	12	0.39%	42	1%
10	Men Counsellled for Aids screening	1,179		4,697	
11	Women Counsellled for Aids screening	2,500		11,823	
12	Number of aids screened men	1,179		4,697	
13	Number of aids screened women	2,500		11,823	
14	HIV+ Men among the aids screened	30	2.5%	156	3.3%
15	HIV+ Women among the aids screened	82	3.3%	380	3.2%
16	People Sensitized on HIV	28,945		178,716	

The work of mobilization Community to prevent HIV transmission was coupled with medical support of people.

no	Indicator	Y 2012		Y 2013	
		Number	%	Number	%
1	Number of pregnant women who received an ARV prophylaxis to PMTCT	186	85%	223	
2	Number of Pregnant Women who received treatment for their own health	158		132	
3	Number of children born of HIV+ mothers who attained 18 months of age	131		246	
4	Number of children born of HIV+ Mothers who were tested Positive at 18 months of age	0	0%	16	7%
5	Number of children born of HIV+ Mothers who were tested positive by PCR at 6 months of age	2	2%	19	6%
6	Number of children who followed the medical plan	1,070		1,271	
7	Biological follow up	131		280	
8	Number of children who know the serological status	115		72	
9	Number de cases of ISTD treated using the syndromic approach	2,450		3,645	
10	Number of people living with HIV who received home visits			45	
11	Number of people living with HIV who received home based care			2,035	

Concerning the impact of HIV in the community, HEAL Africa initiated 58 support groups and 118 youth clubs.

No	Indicator	Total
1	Number of support groupes de	58
2	Number of HIV expert patients / Activists	68
3	Number of families that benefited nutritional assistance	850
4	Number de Home Visits of People living with HIV	10,854
5	Number of HIV Orphan Grandmothers assisted	150
6	Number d'orphelins du sida identifies et assistes	150

### III.3. Ponsetti / Splints

Repairing club feet using the Ponsetti method helps prevent the child needing later surgical interventions. Once the child is two years, the club foot requires a surgical operation that is complex and expensive. HEAL Africa is the only medical facility that has the necessary experience in the surgical care of club feet in the DRC. It has implemented the program in 3 other medical facilities in other provinces to help children with this malformation.

**370** cases of Club feet treated using the Ponsetti Method.

**356** cases of neglected club feet treated by surgery

**57** cases of cleft lips.

Indicator	Y - 2012	Y - 2013
Club feet treated with Ponsetti	828	1207
Neglected Club feet treated by surgery	623	560
Cleft lips treated		57



Evolution of the treatment of MWASIMUKE Louise: from her arrival to her cure.

### III.4. THE SUNDAY SCHOOL

Approximately **300 Children** attend the weekly Sunday School program supported by the Sunday School Ministry of HEAL Africa's Spiritual Ministry Program. Among those children there are patients in the hospital, vulnerable children from the street and children of families attending the Chapel service. Children are followed up by twelve monitors who have been trained in how to attend to the spiritual needs of children.

HEAL Africa believes that it is important to provide sound values to children, so that today's training will contribute to a safer community tomorrow.



***A Sunday school teacher holding a class at HEAL Africa.***

HEAL Africa chaplains organize services (with staff and patients) and prayers with worships several times each week.

Indicator	Y – 2012	Y – 2013
Sessions of pastoral counselling	1,560	1,720
Baptized people	14	12
Pastors trained	14	12
Number of trained children workers	11	12

### **III.5. The Goma Student Fund (GSF) School**

With a staff of 8 teachers and 1 secretary, the primary school, GSF (Goma Student



Fund) located in Mugunga quarter trains 255 vulnerable children (among them 124 girls). The school has functioned since the school year 2005-2006. To reinforce its auto-financial capacity, the school initiated this year several income generating projects - breeding (4 rabbits and 2 goats), agriculture on a cultivated ground measuring 3300 sq. meters, cutting/breaking and selling stones (68

Cubic meters of stones) and reforestation (a total 227 trees were planted).

**Thirty five students from the school have joined local primary teaching courses in other schools.**

***M. LAFASI MYATSI Joseph, Head master of the GSF School taking an assembly with his students.***

## IV. WABABA AND NEHEMIA COMMITTEE

### IV.1. Men and Masculinity

HEAL Africa as well as other NGO's active in the domain of sexual and gender based violence essentially work with strategies to support women. Men were not taken into account and in many situations, they were considered as indirect victims or authors of sexual violence. HEAL Africa noted that this often brought men either to suffer in silence or to resist SGBV projects. Learning from that experience, HEAL Africa developed a masculinity approach that considers men as active agents of change in the struggle against sexual and gender based violence.

With funding from the World Bank and the supervision of PROMUNDO US, the project « *Kundi la wababa waponyaji* », "male group therapy", came in the aid of 70 men in Goma. Seven groups, 6 of civilians and one military were established. These participants were indirect victims of sexual violence, participants and some impacted by stigma. Over fifteen sessions, participants shared their problems related to current life under the guidance of two facilitators.



After these sessions, participants from six male groups celebrated with a closing ceremony in which they shared experiences through sketch, speeches, and testimonies illustrating what they used to be like before and what they have become after the therapy.

« My husband would have committed suicide. He was not talking to anyone including me. Not even when we were in our bed. He was very lonely and thoughtful until

he joined the male group therapy »

### IV.2. The Nehemiah Committee (NC)

The Nehemiah Committee (NC) is a local based organization that was created in order to mobilize and involve churches in HIV prevention. When it started, the NC brought together religious leaders from different churches and mosques. The idea was then extended to other HA projects and other local leaders were invited to integrate the NC. The NC does not only work on mobilizing churches and mosques against HIV, they also help in all other HEAL Africa projects serving as the community's interface. HEAL Africa counts today 103 NC in North Kivu and 11 in Maniema provinces.

### IV.3. Clinical Pastoral Training (CPT)



Twelve 12 chaplains of hospitals, military, universities and schools participated at the first class of HEAL Africa sponsored Clinical Pastoral Training. They received training for 36 days on how to address the needs of people with challenging problems in their hearts, environment and society.

## V. MAIN EVENTS OF 2013

### V.1. Armed conflicts and their consequences

The Humanitarian situation in eastern DRC was particularly marked by the resurgence of fighting between the FARDC and the M23. On August 25, 2013, the number of Internally Displace People (IDP) in North Kivu alone went beyond one million (1,000,000) people, among whom, some had been displaced since January 2009. The war also led to a deep deterioration of schools and health structures in many villages.

The war between the FARDC started in 2012 and continued throughout the first semester of 2013, with few interruptions due to protracted negotiations aimed at finding a solution to the crisis. An agreement for peace, security and cooperation for the DRC and the Great Lakes Region was signed in February 2013. In order to accompany this agreement, the UN created a brigade that could initiate offensive actions that commenced July 2013.

The fighting around Goma (Muthaho, Nyiragongo) included artillery shelling of Goma city from 22 August 2013. Over the ensuing period, HEAL Africa received many wounded civilians and soldiers. Apart from the victims of the shelling of Goma, HEAL Africa also treated wounded people from the battle fields (Nyiragongo and Rutshuru) as well as other victims of the increased levels of insecurity around Goma. The community was aware that apart from the M23, there was also an active presence of several other armed groups operating in North Kivu province.

### V.2. Main visits & Publications on HEAL Africa

#### 1. BAN KI-MOON, UN General Secretary visited HEAL Africa on the 23 may 2013.



With the President of the World Bank at his side, Jim Yong Kim, the UN General Secretary Ban Ki-Moon, declared that he was very impressed by the work that HEAL Africa was doing amongst the vulnerable: **« Women present in this hospital are the reason why we cannot stop aid as we are waiting for the peace to come back »**, he said after visiting the victims of sexual violence who came for specialized health care at HEAL Africa.

## 2. Other important Visits

- November 6, 2013 : Administrator in charge of Nutrition and HIV/PAM, Kinshasa,
- November 12, 2013 : The United States Ambassador
- November 26, 2013 : PIA PEETERS, SR. World Bank Social Development Specialist
- May 10, 2013: Australian Ambassadors to Kenya and Zimbabwe.
- March 2013 : William HAGUE (Minister of foreign affairs of the UK) and Angelina Jolie
- April 30, 2013: Mary ROSINSON, UN General Secretary special envoy for the Great Lakes region.
- September 2, 2013: Mary ROBINSON and Martin KOBLER (UN General Secretary Special representative in the DRC).
- November 6, 2013: UK Ambassador in DRC
- October 5-11, 2013 : BBC journalists
- November 12, 2013 : James SWAN, New US Ambassador of the United States in DRC ;
- November 21, 2013: Leila ZERUGUI, UN General Secretary Special representative on issues related to children and armed conflicts.

## V.3. Published Feature Articles on HEAL Africa

1. EL MUNDO: « *El taller de las mujeres rotas* »= « L'ATELIER DES FEMMES BRISEES », Spain, December 2013.
2. BBC Radio 4: Dr Jo's Visit in Europe, November 2013.
3. Le peuple souverain: « *The Late LYN LUSI immortalized by her works* », Goma, August 2013.
4. Richard Bitwe Mihanda, Jean Robert Likofata, Gwendolyn J. LUSI. "*Contribution of safe motherhood solidarity groups in using and accessing maternity services during a period of armed conflicts.*" HEALTH, 2013.
5. Morgan Winsor, "*A fate worse than death for scores of Africa women*", CNN, May 2013.
6. Jean-Claude Schwab, « *God's hand is not short to save* », Vivre, September 2013.
7. SOLIDARITE : « *Le Viol défoliant les conflits actuels* », Suisse, Septembre 2013.

## V.4. The Lyn LUSI Avenue



On July 26, 2013, North Kivu Administrative Leaders gave a new name to one of the main roads of Goma City.

It's about the road that used to be called « Avenue des Ronds Points » that became « rue LYN LUSI » in order to recognize the works of the Late Lyn LUSI Co-founder of HEAL Africa and "to encourage those who could have development initiative", said the Mayor of Goma, Naasson KUBUYA NDOOLE.

## **VI. OUR 2013 PARTNERS**

### **In HIV**

1. TEAR FUND
2. Global Strategies
3. UNICEF
4. CLINTON FOUNDATION
5. STEPHEN LEWIS FOUNDATION

### **In SGBV**

1. Unicef
2. CBN
3. Tear Fund
4. WorldShare Australia
5. Pooled Fund
6. AusHEAL
7. Ambassade du Pays Bas
8. PNUD
9. HEKS EPER
10. IMA WORLD HEALTH /USAID
11. PROMUNDO

### **In Reproductive HEALTH**

1. CBM
2. Join Good Forces
3. EUROPEAN UNION
4. Eastern Congo Initiative
5. ENGENDER HEALTH

### **In Economic Empowerment and Community Rehabilitation**

1. CBM
2. WORLD VISION
3. IRISH AID
4. HEAL Africa USA
5. JIM GALLOP
6. SONIC HEALTH
7. PNUD

## VII – Our Priorities

### Urgent

- Improvement of Fundraising system through our International partners
- Creation and organization of the Projects Design Office
- Computerization of the Hospital and Administration of HEAL Africa
- Construction of the Mothers – Children Pavilion in HEAL Africa Hospital

### Short – Term

- ✓ Strengthening the Healing Art Academy
- ✓ Scholarship for Residents
- ✓ Spiritual Ministry Awakening (Increasing of followers / believers in Tabernacle up to six hundred (600) on Sunday services)
- ✓ Installation of air conditioner in Offices at Jubilee Center and in Consultation Cabinets located in Containers
- ✓ Creation of the Central Kitchen and Cafeteria beside the Tabernacle
- ✓ Creation of the School for Hospitals' Chaplains (Clinical Pastoral Training)
- ✓ Expand Chaplaincy Team
- ✓ Modernization of all toilets (water close) of HEAL Africa
- ✓ Strengthening Advocacy to our various partners (National and International)
- ✓ Recruitment of COO / CFO
- ✓ Return of doctors in in Specialization Abroad (Dr. HANGI, Dr. MEDARD and Dr. SERGE)

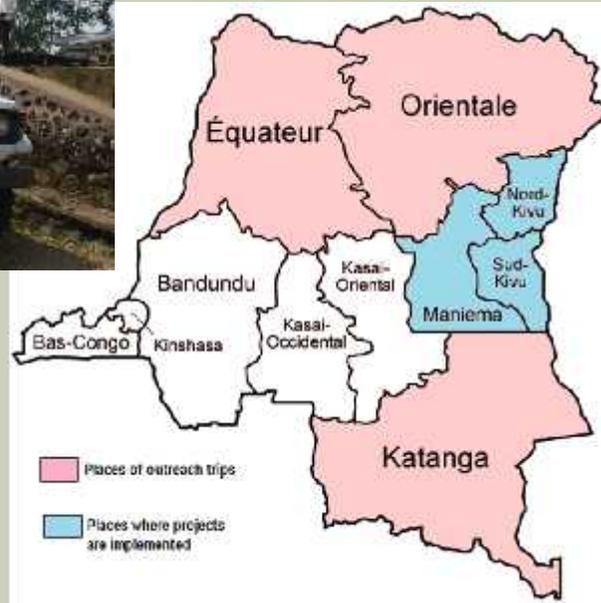
### Mid – Term

- ☑ Building of a Health Center in MUNGUNGA
- ☑ Creation of the Departments of Mental Health in HEAL Africa
- ☑ Creation of the School for Medical Engineering
- ☑ Creation of a Garage in MUGUNGA
- ☑ Two (2) Specialists in each departments of HEAL Africa Hospital

### Long Term

- 🔧 Creation of a Garage for HEAL Africa
- 🔧 Enlargement of HEAL Africa Hospital

To the service of communities of 6 provinces...



Contacts :

[www.healafrika.org](http://www.healafrika.org)

[healafrika.jolusi@gmail.com](mailto:healafrika.jolusi@gmail.com)

## GENERAL ASSEMBLY

**Dr KASERKA  
MUHINDO LUSI**  
(Président)

**Dr Justin  
PALUKU**

**Dr Marc  
ERICKSON**

**Dr Caleb KING**

**Rév. Francis  
OMONDI**

**Mr David KELLY**

**Pst. Camille  
NTOTO**

**Mme Esther  
NTOTO**

**Prof. Samuel  
NGAYEMBAKO**

**Prof. David  
KASALI**

**Mr. Cal BREMER**